

Annual Report 2017



Office: Slovenská 6/1566
101 00 Praha 10 - Vinohrady

www.cekas.eu

Reg. Num.: 042 13 017

Summary

| | |
|--|---|
| Foreword | 1 |
| CEKAS, registered institute and its history | 2 |
| Activity report year 2017 | 3 |
| Operation and administration of the organization in 2017 | 7 |
| Personnel | 8 |
| Organizational data | 8 |

Foreword

The year 2017 was a breakthrough for CEKAS. We started implementing our first major project funded by the Danish Foundation THE VELUX FOUNDATIONS. We have been awarded the first contract to promote quality of social services. The close cooperation with our colleagues from HoSt - Home-Start CR is developing successfully, with which we are planning other projects in the field of working with family at risk.

I want to thank both the representatives of The VELUX FOUNDATIONS and my colleagues from HoSt for this opportunity to participate in meaningful activities and the CEKAS team for a great year-round work.

Irena Tomešová
Director, CEKAS, registered institute

CEKAS, registered institute and its history

The idea to establish CEKAS registered institute (further mentioned as CEKAS) arose from work of group of people who as the compact team realized projects in the field of social policy, social services and education for many years.

CEKAS was established on July 2, 2015 with the purpose to support:

- a) Social policy, especially social services and an active employment policy,
- b) Development of human resources, especially education,
- c) Management and development of quality of services,
- d) Social economy,
- e) Research and development in the field of social, evaluation and methodical activities.

In the above-mentioned areas our NGO focuses on the cooperation with expert partners with whom we among other activities:

- Prepare and realize partner projects supporting cooperation of non-governmental sector, state sector (Ministry of Labour and Social Affairs, Ministry of Education and other institutions) and local authorities (regions, cities and communities) with focus on social field and education.
- Realize pilot projects in development of new methods and attitudes in the field of social work.
- To be moderator of best practice experience both in the Czech Republic and abroad.
- Support and guide providers of social services and other subjects in the social field during implementation of quality management systems based on quality standards.
- Provide accredited educational programs.
- Provide fundraising for the above-mentioned areas.

Activity report year 2017

PROJEKT "DEVELOPMENT OF THE `FAMILY BY PLAY` – METHOD FOR USE WITH CHILDREN IN VULNERABLE FAMILIES "

Since January 1, 2017 CEKAS project team together with expert partner HoSt - Home-Start Czech Republic implement the project "Development of the "FAMILY BY PLAY" method for use with children in vulnerable families". The project is financed by the Danish foundation The VELUX FOUNDATIONS in the amount of 6 319 373 Danish Crowns. The project has 4 main activities.



Activity 1: "Family by Play" - development of a new practical method through PLAY in families with children threatened by neglect.

The aim of the project is to further develop and introduce our own "FAMILY BY PLAY" method as part of professional family work. We start from the fact that in the family the most common denominator is mutual relations, especially relationships with children, where adults in different variations copy their childhood experience. The method is a natural form of support to relaunch family relationships through the game. It is easy to use for social workers and volunteers coming to families.

In cooperation with the textile designer Simona Michalcova we have developed a special set of textile toys that we use during the game.

We are finalizing the 1st version of "Methodology of Work with the Family by Play" and we are preparing the first training of social workers in HoSt in this method.

Our support is directed towards families that no one assists with a wide range of daily problems. The priority is to strengthen the interaction of family members and to find ways to support them in finding a good and functioning communication model. The method helps to reveal the hidden potential of the family, its strengths. It is an intuitive and natural way of contacting the child and his / her parent.

The program uses the elements of Montessori pedagogy, which was historically designed for disadvantaged children. That's why we want to make the program accessible to socially disadvantaged parents, for which it is otherwise financially completely unavailable.

We will work on a continuous basis with at least 80 families and 135 children. The "Family by Play" Methodology will be developed and accredited courses for social workers and volunteers will be prepared.



The method is a "live" project. It is still evolving. To improve the quality and professional level of the method, Charles University academic institutions and a multidisciplinary team of experts participate to ensure the scientific framework of new methods and thus its reliability and quality.

In addition, the team will work on other methodological tools for child protection staff and NGO social workers, such as image cards for working with children, including their own methodology and guides for volunteers and social workers. We will prepare a special course for them.

Activity 2: "Preschool by Play" - a therapeutically educational program for families with children from socially weak environment. Continuation of the Montessori traditions approach and use of its principles to work with families where there is a risk of neglecting a child.

TEP - "PRESCHOOL BY PLAY" is a therapeutic and educational program called "preschool by play". The idea emerged from our joint projects to support families in more complex life situations. We support children in all-round development and their parents in parental competencies and in relation to the child.

The social system provided by the state provides support to parents. Working with a grown-up adult is a long-term and uncertain outcome, it is frustrating for organizational staff and often leads to burnout. Our goal is also to influence parents with the child. When thinking about how to approach the child and how to communicate with her/him, the game was the best way for children to be a typical and commonly used means of communication.



At TEP, we are preparing children for the admission to the state kindergarten, providing opportunities for meeting, establishing relationships, exchanging views among parents. The program builds on the experience of long-term field work of HoSt employees and volunteers.



The "FAMILY BY PLAY" method is applicable not only to working in family homes but also to working with a larger group of children, so we also use it in "PRE SCHOOL BY PLAY". The target group we are working with parents / mothers with children living in unnatural settings (shelter homes) and lack of positive mother-child interactions. At least 90 children will attend the preschool.

Activity 3: Scientific observation - collaboration with university departments of Charles University in Prague (consultation, supervision, scientific reports and evaluation).

The research is carried out by two faculty departments of Charles University under the supervision of highly experienced Czech researchers and psychologists.

Theoretical research focuses on research and search and evaluation of relevant methods, therapies or game-based approaches. It is attended by students of the Department of Social Work of the Faculty of Philosophy of the Charles University, led by PhDr. Katerina Samalova, PhD. and PhDr. Olina Havrankova.

Practical research focuses on qualitative and quantitative research on the effectiveness of the method in working with the family. We use standardized record sheets in which we collect data and observations from every "play" visit in families. The data are processed by students of the Department of Teaching of the Hussite Theological Faculty of Charles University, the research is led by prof. RNDr. Marie Vagnerova, PhD. and doc. Pavlina Janosova, PhD.

Based on the data found, the practice of field work with the family and the therapeutic practice, we are gradually developing the methodology of work "Family by Play".



Activity 4: Development of „the CENTER for professional work with family” as a base for voluntary and professional work (with the support of university departments and overlapping into educational activities).



Another objective is to gradually build a unique Center in the Czech Republic that will combine the theoretical and scientific methods / approaches with direct field practice. These two areas are usually separate in the Czech Republic. In the methodological and scientific section, which we call the "scientific workshop", we are focusing on the search and

implementation of useful methods and approaches to work with family at risk. Students and academics have direct contact with field work - social workers, volunteers and school staff. As mentioned above, we have been working regularly with two university workplaces.

The Center has an "educational section" that will provide courses in new methods and approaches, organize seminars and workshops on good Czech and foreign practice. We would like our Center to have an international character and to cooperate with other countries. An important part of the Center is the "fundraising and project section" needed for the continuation and development of our activities, i.e. resource search, project preparation and implementation.

CONTRACT FOR "8 SOCIAL SERVICES QUALITY AUDITS" FOR NGO `CLOVEK V TISNI` UNDER THE PROJECT "CHANGE" FROM THE OPERATIONAL PROGRAM EMPLOYMENT (European social fund)

CEKAS has been awarded an order to implement 8 development quality audits of social services at the branches of NGO Clovek v tisni. The contract will run from April 2018 to January 2020.

Audits take place in field programs, social activation services for families with children, low - threshold facilities for children and children youth and professional social counselling.

In addition to audits, workshops and subsequent consultations are also planned, which will continuously support employees in individual branches at introducing the necessary changes.

Operation and administration of the organization in 2017

The Board of Directors at its meetings approves the budget, the regular and extraordinary financial statements and the annual report of the institute.

Financial results:

| Budget - CEKAS, z.ú. - 2018 | |
|------------------------------------|---------------------|
| REVENUES | CZK |
| Grants, contributions | 3 449 984,00 |
| Donations | 30 000,00 |
| TOTAL revenues | 3 479 984,00 |
| COSTS | |
| Equipment and material consumption | 196 552,00 |
| Personnel expenses | 2 144 636,00 |
| Services | 226 616,00 |
| Other operating expenses | 882 180,00 |
| VAT without claim | 30 000,00 |
| TOTAL costs | 3 479 984,00 |
| TOTAL Revenues - Costs | 0,00 |

Summary:

After the balance sheet date, there were no significant facts that would affect the organization's activities.

Loss of 5.000, - CZK will be covered by gifts and profits for future years.

In 2018, the organization will continue its current activities.

Thanks:

In 2017, the organization received gifts of 30,000. CZK from anonymous donors that were credited to the fundraising account of the organization. This is how we would like to thank all the donors.

Num. of fundraising bank account: 4383931379/ 0800

Personnel

Founders

Zora Fídlarová, Irena Tomešová, Alena Valečková, Martina Zahradníková

Board of Directors

Jindřich Racek, Kateřina Valečková, Alena Beránková

Statutory Authority

Irena Tomešová, Director

Project team:

The project team consists of the experienced project and financial managers and economist with 10-20 years practice with preparation and management of both large and international projects. Two members of the team have university degrees in social work, one member is long term lecturer of social policy on the Charles University. Other two members have economic education. Thanks to this activity the team has wide contacts with both social (cooperation with expert NGOs) and educational (university departments in Prague and in regions, expert consultants and lecturers) fields.

Organizational data

CEKAS, z.ú.

Office: Slovenská 6/1566

101 00 Praha 10 - Vinohrady

Reg. Num.: 042 13 017

Seat of the org.: Vinohradská 145

130 00 Praha 3



www.cekas.eu

info@cekas.eu