

# Home-Start Barnet



## *Family Support - UK Experience*

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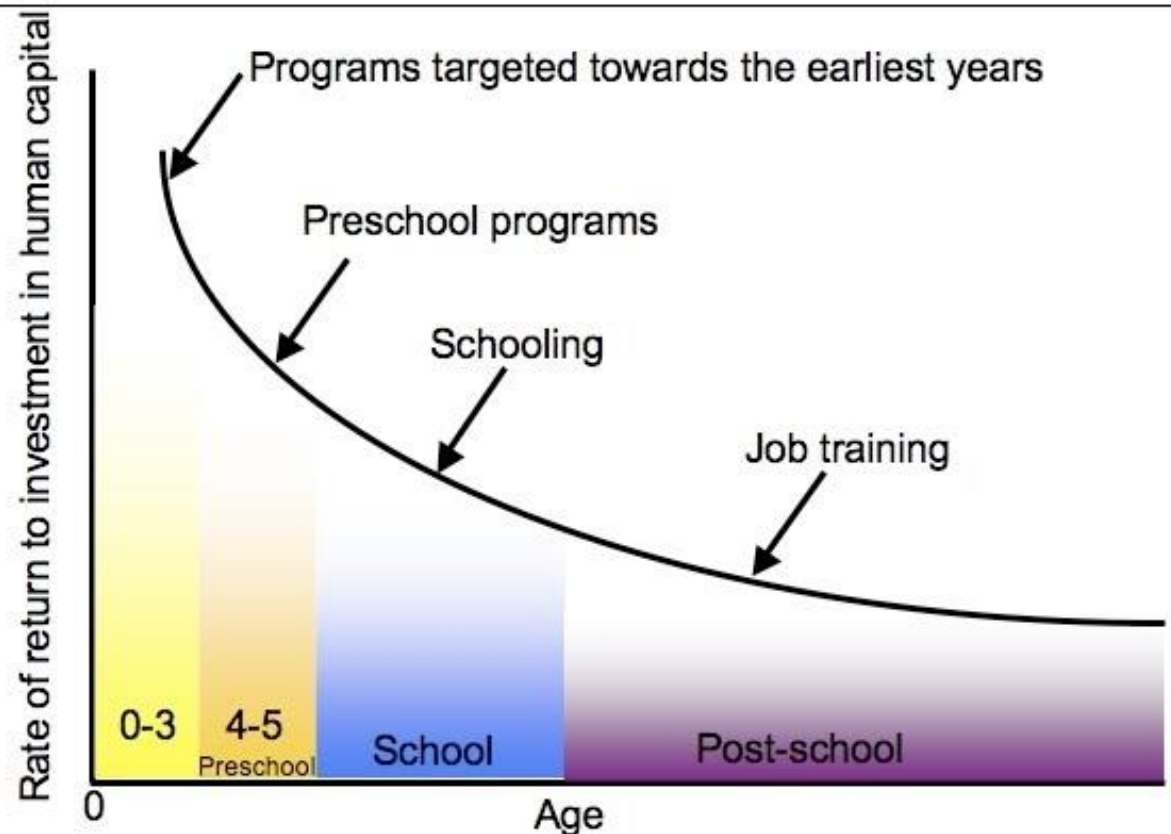
### Our Mission

Prevent family breakdown by early intervention, thus improving outcomes for children

### Heckman Curve

- Invest in quality early childhood development for disadvantaged children. It creates better education, health, social and economic outcomes that increase revenue and reduce the need for costly social spending.

Figure 9: Rates of Return to Human Capital Investment at Different Ages: Return to an Extra Dollar at Various Ages



### How do we do it?

We recruit and train volunteers to support families under stress. Volunteers work with the family on a one to one basis through regular home visiting as well as in group work by offering:

- emotional support
- practical help

Key objective: - to prevent family crisis and breakdown

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### About the scheme:

- Home-Start Barnet was established in 1997
- Year end 2019:
- 7 trustees,
- 17 staff
- 175 volunteers
- Supported over 500 families and nearly 900 children
- Income of £556,000

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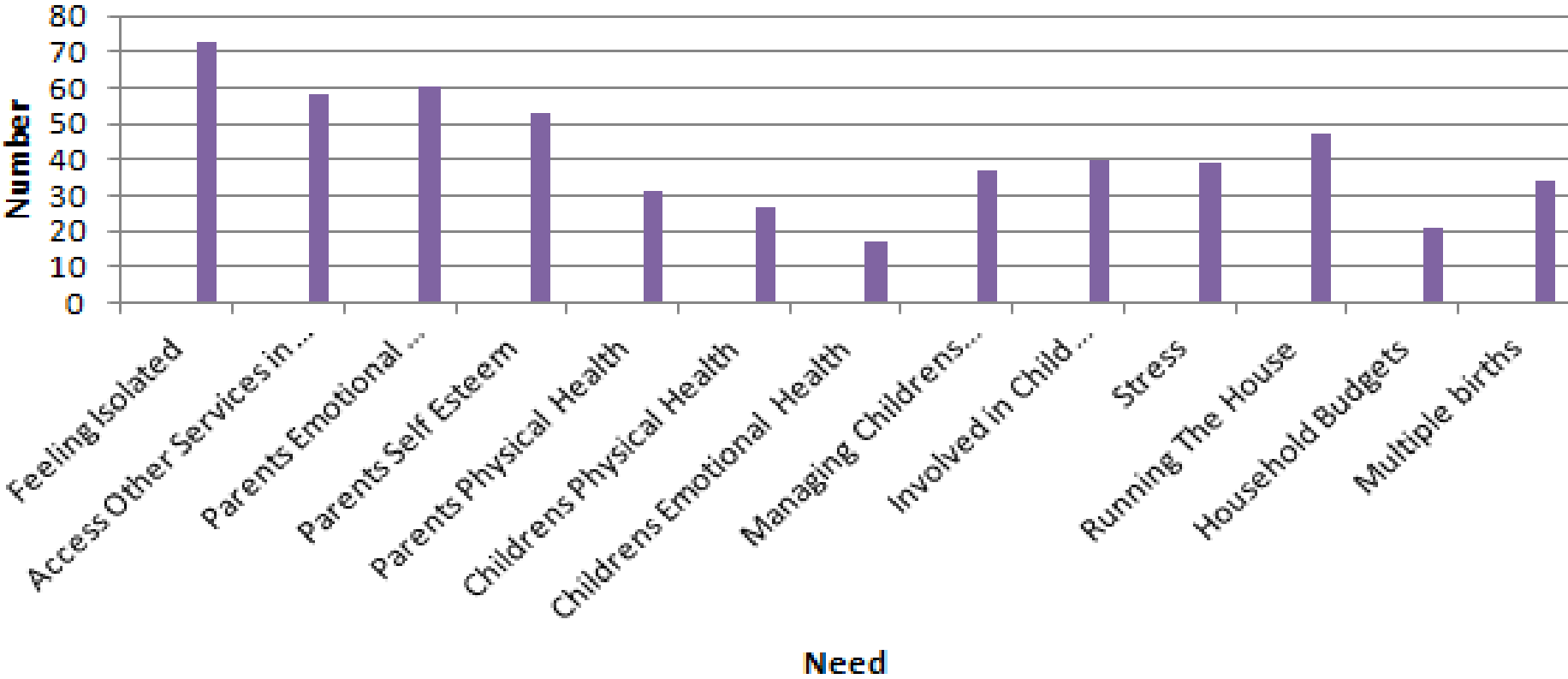
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### Key underlying trends identified

- Isolation - no family or friends to support them
- Poor parenting capacity
- Poverty
- Housing issues
- Increasingly newcomers (refugees and asylum seekers)
- Gap in provision for families who do not meet high statutory thresholds for support
- Domestic violence
- Mental health issues

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### Needs of the Family



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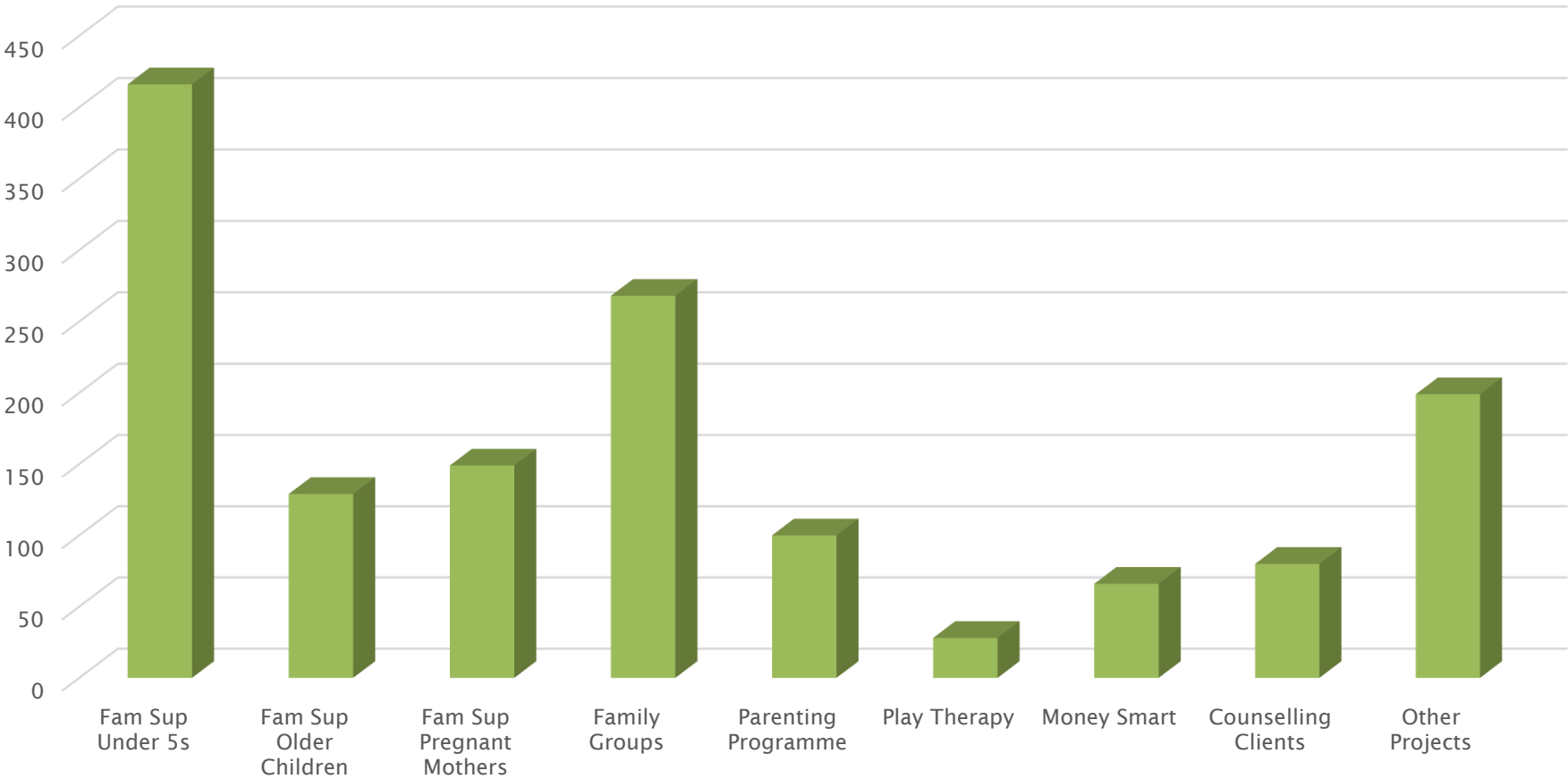
### Our Menu of Services:

- Volunteer home-visiting support for families with children under 5
- Volunteer home-visiting support for pregnant mothers
- Volunteer home-visiting support for families with older children
- Family Groups in deprived areas to help children be school ready
- Outings & trips during school holidays
- Parenting Programmes -evidence based i.e. SFSC, Triple P, IY, FL
- Money Smart Programme - financial literacy for LIF
- Play therapy for children under 10 who have experienced DV
- Family Supper Project - weekly free nutritious meal for families
- Counselling support for families using trainee counsellors
- Social work student placements from two local universities



## Family Support – UK Experience

Number of Children & Families Supported per Project 2018-19



## Family Support – UK Experience



*Volunteering  
is at the heart of our  
work*



## Family Support – UK Experience

### What can volunteers expect from us?

- Full 40 hours of induction training
- Regular workshops
- Specialist training
- Regular support and supervision
- Access to accredited courses that
- lead to qualifications



- Regular social events - volunteer week, end of year party, etc
- Support to access information and guidance in a range of areas in order to assist volunteers looking to return to work or education
- Build community cohesion and the opportunity to meet new local people

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### How we Quality Assure and Evidence Impact

- CLOG - Case mgt system to do an initial assessment, review and ending using the same format to monitor the journey of change
- Regular support and supervision of volunteers (every 4/6 weeks)
- Regular support and supervision of staff
- Peer group support every fortnight lead by senior leader
- Feedback from family, volunteer, and referrer
- We have Investors in People kitemark -IIP
- We have Investing in Volunteering kitemark - IiV
- Each Home-Start is quality assured by HSUK every 4 years

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### What's our Added Value

- We offer a complementary service to the statutory sector - working with health, social workers, education and other partners
- Local knowledge - local staff /volunteers have thorough knowledge of the area supporting local families.
- Reflect diversity of local the community (48 languages spoken at last count)
- Supporting families that may have fallen through the gaps as not meeting thresholds or not on anyone else's radar
- Reduce pressure on public services and agencies
- Professionalising volunteering by offering opportunities to develop further into employment, education and training (EET).

### Bigger Picture

- The UK experience is part of a worldwide movement of Home-Starts.
- Established in the UK in 1973 by Margaret Harrison and has spread to 23 countries over 5 continents.
- Represented here by Home-Starts from our host Czech Republic, Australia, Japan, Malta and Romania.
- The job of maintaining the fidelity of the model of Home-Start support and promoting best practice is overseen by Home-Start Worldwide

Thank you for listening